



south essex college
SKILLS | EDUCATION | CAREERS

The average
fitness instructor
salary in Essex is
£25,042.

Sport Studies Career Destinations

Where will your course take you?

The leisure sector already employs almost 22,000 people in Essex, accounting for 2.5 per cent of all jobs in the county.



LEVEL 2 QUALIFICATION REQUIRED

Assistant coach
Gym receptionist
Sports retail
Lifeguard
Fitness instructor
Leisure centre attendant
Multi sports coach
Activities instructor

LEVEL 3 DIPLOMA QUALIFICATION REQUIRED

Activities supervisor
Assistant sports development officer
Clinic practitioner
Community support and outreach worker
Exercise physiologist
Gym instructor
Health psychologist
College lecturer
Complementary therapist
Events manager
Healthcare scientist
Fitness centre manager
Health and wellbeing officer
Chiropractor
Nutritionists
High intensity therapist
Performance analyst
Personal trainer
Public health manager
Public services (Police, Forces)
Osteopath
Podiatrist
Paramedic
Rehabilitation worker
Researcher
Sports centre manager
Sports coach
Sports and exercise scientist
Wellness manager
Conditioning coach

£23.8 BILLION

THE UK SPORTS INDUSTRY IS WORTH £23.8 BILLION AND HOLDS NEARLY ONE MILLION JOBS

LEVEL 4 - 6 + QUALIFICATION REQUIRED AND INDUSTRY-RELATED EXPERIENCE

Applied sports science
Education
Business and law in sport
Community sports coaching
Health and exercise science
Human biosciences
Healthcare and health science
Sport journalism
Occupational health
Outdoor and adventure education
Rehabilitation and sports science
Sports and exercise health
Sport business & leadership
Physiotherapy
Paramedic practice
Sport tourism
Psychology with sport and exercise science
Primary education